**Helpful Hints for Learning Styles:**

Auditory Learners:

* Tune in on voices.  Look and listen to the person speaking.
* Use your own voice as much as possible.  Read out loud.  Review notes out loud.  Edit essays out loud
* Listen to books on tape.  Record notes (when appropriate).
* Use songs or rhymes to help you remember things.
* Find a VERY QUIET place to study.  You will be distracted by TV and music.
* When writing, plan the sentence you want to write by saying it outloud or in your head.  Then write it down slowly.
* When you have to learn list of things make up acronyms. (IRS = ?)
* Find a study partner.  Share/review notes and DISCUSS upcoming assessments.
* Keep a planner and check websites.  Teachers don’t always SAY everything they expect you to know or do.
* REMEMBER: Most school work is geared for people who learn visually so you have to find ways to cope.

Visual Learners:

* You learn best by seeing things.  Make pictures in your mind (visualize) the things you see and hear or draw them in your notes.  This will help you remember.
* Make and use flashcards for ALL subjects.
* Use pictures, maps & charts as much as possible.
* Use colored markers or highlighters to help with review
* Keep a planner to jot down what you hear so you can see it later.
* Keep a simple, quiet area for work and study.  Things distract you.
* Make notes or lists for yourself and keep them where you can easily see them.
* Use a partner system for note-taking.  If you miss something the teacher says, hopefully your partner will have it or vice versa.

Kinesthetic/Tactile Learners:

* Sign up for classes that allow movement and hands on activity (i.e. Auto, Art, P.E., Ag, Drama, etc.)
* Watch someone else do what you need to learn.  Demonstrations work best.
* Make sure your study area allows for movement.
* Break study time into short sessions; take frequent breaks and get up and move frequently.
* Listen to calming music while studying. Use headphones.
* Be flexible with your time schedule, but stick with your plan on finishing every task you start.
* Make a list of tasks and check it off when each task is completed. Reward yourself when you are all done.